



Hot Springs Smoke Signals

Volume 5 Issue 12

[WINTER ADVENTURE SPORTS]

December 2012

Saratoga Snowmobile Rentals

At 32 degrees H2O turns to freedom and blesses our mountain range with fresh snow flakes for outdoor activities. The snowmobile industry has brought many guests to Saratoga over the past few seasons. The Saratoga Resort and Spa offers the opportunity to put you in the driver's seat of piloting snowmobiles in one of the most incredible mountain ranges in the world. Spend a day on over 500 miles of beautifully groomed and very well marked mountain trails. (See Concierge for maps). Take family and friends on an adventure they won't forget. You set the pace and route, bring a lunch (lunches available at Resort), and have the time of your life observing breath-taking views and super photo opportunities in these pristine mountains. For the more adventurous riders, explore, shred and conquer the powder of the rugged "Snowy Range" backcountry from the west.

When you have finished a day of riding, the staff at the Saratoga Resort and Spa, will help your body recover with a soak in the natural hot spring pools, or therapeutic massage treatments in our full service spa. You can anticipate fresh microbrews at the Snowy Mountain Brewery, coffee bar, warm firesides, a fine wine selection and outstanding food preparations at the Silver Saddle Restaurant or the Snowy Mountain Pub.

Corporate team building like you would not believe! Bring your staff or friends on an adventure that requires them to work together while experiencing an adventure they will talk about the rest of the year. Map reading, fire building, snow sports for people of all conditions and skill levels. Come back with a team of happy, satisfied, maybe just a bit exhausted, professionals!

Rental Options

We offer self-guided tours and VIP guide service. You can choose from a 500-600cc or touring trail snowmobile. We also offer upgrade to a 700-800cc snowmobile (based on availability) for the more adventurous powder riders.



Our VIP guide service includes a private snowmobile guide, shuttle service, lunch and rental gear (if needed). The evening before your journey, you will have the opportunity to meet your personal licensed guide in the Snowy Mountain Pub to discuss your route and enjoy a complimentary microbrew tasting paddle. Following the tour, you can meet your tour guide back at the Snowy Mountain Pub to enjoy memories, a complimentary fresh microbrew, appetizer, reflect on the adventure, sharing memories, photos and videos.

For complete details on our self-guided tours and VIP guide service visit saratogaresortandspa.com and choose 'snowmobiling' under the activities tab. To book your snowmobile rental call Cassie at 307-326-9101 or email cpeterson@saratogaresortandspa.com.

Inside November 2012:

- Snowmobile Poker Run-January 19th
- Winter Adventure Rentals
- Wilderness Safety
- Chef's Corner



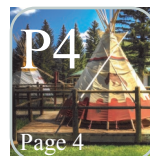
Check out the Saratoga Sports Center & Sport Court for your outdoor recreational fun!



Join us on Saturday, December 15th for our annual Ugly Christmas Sweater Party! Party starts at 8 pm with live music.



December Specials in the Healing Water Spa, Snowy Mtn. Brewery and Lodging Promotions!



Resort Happenings & Upcoming Events in the Platte Valley

Experience the tradition...

www.saratogaresortandspa.com



Saratoga Resort Sports Center

Rentals:

- Snowmobiles
- Snowshoes
- Cross Country Skis
- Snow Sleds
- ATVs - Full & 1/2 Day
- Jeeps
- Bikes
- Pontoon Boats
- River Tubes

Sports Court:

- Basketball
- Volleyball
- Soccer ball
- Floor Hockey
- Badminton
- Tennis

We also have fishing poles, fishing gear, sports equipment, waterproof tote bags, clothing, sunglasses, and hats for sale!

Please see the Resort reception staff for all your sport rental needs.

To check availability of sports court or rentals please call 1.800.594.0178 or email concierge@saratogaresortandspa.com

4TH ANNUAL SNOWY RANGE

POKER RUN

JANUARY 19, 2012

Through the Snowy Range located in the Medicine Bow-Routt National Forest

PROCEEDS WILL HELP SUPPORT SEARCH & RESCUE

LAST STOP WILL BE AT THE SARATOGA RESORT & SPA FOR: FOOD, PRIZES, MUSIC & MORE!

***Those unable to ride in the poker run can still purchase punch cards and our mules will get your cards punched for you!**

www.saratogaresortandspa.com

**RESERVE
YOUR
ROOM
NOW!**

800.594.0178 Ext 0

For more information and to register visit www.saratogapokerrun.com or call 1.800.594.0178 Ext 4

Winter Adventure Rentals



If snowmobiling is a little too much adventure for you, cross country skiing or snowshoeing is probably more your pace. Not only is it great exercise during the winter months, but it can be very peaceful and a great way to clear your head. If you're looking for a fun activity for the kids, nothing beats sledding! Our cross country ski and snowshoe rentals are available for the whole day. We have kid's snowshoes available and snow sleds for the day.



Where is the best place to go?

In the Snowy Range we recommend trying out the Brush Creek Trails, approximately 20 miles from Saratoga. These trails are good for beginners or intermediate folks. Also, on the Snowy Range side is a great sledding hill. Located between the Brush Creek Trails and Ryan Park, on the right-hand side of WY130.



On the Sierra Madre side you'll find the Bottle Creek Trail system. The Bottle Creek Trails are approximately 24 miles from Saratoga (6 miles south of Encampment). These trails are also good for the beginner or intermediate skier or snowshoer.

Before you head out, make sure you have plenty of water. You can also order a sack lunch (including a sandwich, chips, fruit, cookie and bottle of water) from the Silver Saddle Restaurant to take along on your adventure.

Editor's Corner

Thanksgiving is over and Christmas is just a few weeks away. Have you finished your Christmas shopping yet? Last month we gave some great gift-giving ideas for the holidays. If you still have a few people to check off your list, why not a Saratoga Resort & Spa gift card? Now through Christmas you will receive 10% off all gift card purchases! And what is Christmas without snow? The snow has finally arrived and we are gearing up for a great snowmobiling season. If you haven't snowmobiled the Snowy Range I suggest you do so this winter. Contact me for info and to book your rental soon! Also, don't miss out on our annual Snowy Range Snowmobile Poker Run coming up on January 19th. Proceeds help benefit the local Search & Rescue, so come ride for a great cause. Stay tuned next month for: TBD



Cassie Peterson

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December Specials

Healing Waters Spa

December Feature:

Cranberry Therapeutic Massage

Special:

Enjoy an aromatic soak, which includes exfoliation, moisturizing peppermint massage, and polish or natural buffing to finish.

Special-\$55 and enjoy seasonal refreshments!

Snowy Mountain Brewery & Pub

Daily Specials

Tuesday

2 Tacos & A Microbrew-\$5.00

Thursday

1/2 Rack of Ribs & A Microbrew
\$13.50

Friday

12" Pizzas for \$12

Fresh Cold Handmade
Microbrews On Tap!

Fall & Winter Lodging Promotions

Winter Weekend Package November 1st-April 30th

Spend Friday & Saturday nights, receive our breakfast bar free each morning and \$30 Resort gift card.

Winter Weekday Silver & Gold Package November 1st-April 30th

Stay 2 or 3 nights between Sunday & Thursday, receive a \$65 or \$130 gift card, 10% off spa/salon services and a complimentary microbrew.

Wilderness Safety

When embarking on a snowmobile ride, whether it's just for the afternoon or an all day excursion, ask yourself if you're prepared to spend the night in the elements. Before you head out to play on your snowmobile you should have a survival pack ready to go. You never know when weather will turn bad, a machine breaks down, or an unfortunate accident occurs and you are stranded in the wild. The key is to always be prepared!



Here at the Saratoga Resort and Spa we sell survival packs that have all the necessary equipment one would need to survive a night or two on the mountain. Packs include fire starters, a solar blanket, a water boiler, multipurpose tool kit, shovel, first aid kit and much more.



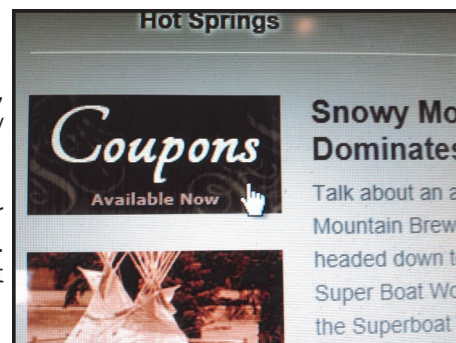
Another great survival tool is a GPS Messenger. If you get stranded or lost the 'S.O.S.' or 'help' features will alert emergency services of your location. They also offer a tracking feature that enables friends or family back home to track your location while on your snowmobile trip.

So remember, before you snowmobile make sure you're prepared for emergencies and always let friends and family members know where you are headed and when you plan to return. Safety, is no accident!

Coupons

Check us out online for some great monthly coupons, including deals in the Silver Saddle Restaurant, Snowy Mountain Pub, Gift Shop and more!

Visit saratogaresortandspa.com and click on our 'Coupons' button on the left-hand side of our homepage. Just print them out and bring them in during your next trip to the Saratoga Resort.



The Chef's Corner



It's that time of year when celebrations abound and it is very easy to find yourself with the hangover blues. Here are a few cures according to Epicurious editors and informal surveys to get the "cotton wool out of your head." These are some of my favorites.

Chocolate Milk - A massive sugar rush temporarily eases the pain and provides an illusion of being able to function. It's along the lines of drinking coke but a little smoother on the belly.

Coffee - It can be hard on a queasy stomach, but coffee can really cure a hangover headache. It has something to do with constricting the blood vessels-plus, it helps any painkillers you've taken reach your blood stream faster.

Fry Up - The full English breakfast or the "fry-up" of eggs, toast, sausages, broiled tomato, baked beans and sometimes if your lucky, blood

pudding. It is a perfect cure for a few too many pints of bitter.

Crescent City Cure - There's a traditional, but not well known New Orleans hangover cure called 'yaka mein'. It's a beef and soy broth based soup nick-named Old Sober for its purported hangover healing properties and consists of noodles, meat and boiled eggs. Old Sober was generally sold in bodegas and corner stores, but since Katrina it has really become an endangered dish.

Prairie Oysters - Two raw eggs with Tabasco and Worcestershire sauce (hair of the dog optional). If it doesn't cure your hangover it will taste so bad it will take your mind off it!

Hangover cures range from fats, sugars and carbohydrates to salty liquids and protein. Having more of what got you the hangover is heard to work too. So enjoy the season and if you find you have the hangover blues, help is right around the corner.



Hope Ratliff
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Happy Holidays!

www.saratogaresortandspa.com

Upcoming Events in the Platte Valley

November 30th & December 1st:

- Saddle Bronc Girls Performing in Snowy Mtn. Pub

December 1st

- Saratoga Christmas Parade

December 15th

- Ugly Christmas Sweater Party
- Wyoming Homegrown Performing in Snowy Mtn. Pub

December 25th

- Christmas Dinner in the Silver Saddle Restaurant

December 31st

- Saratoga Resort New Year's Eve Party

January 19th & 20th

- Saratoga Ice Fishing Derby

January 19th

- 4th Annual Snowmobile Poker Run

January 25th-27th

- Sierra Madre Winter Carnival

February 14th

- Valentines Dinner in the Silver Saddle Restaurant

February 16th

- Saratoga Resort Valentines Celebration

February 16th-17th

- Don E. Erickson Memorial Chariot Races

Frequent Resort Guest? Join Our VIP Rewards Program!

Become a VIP Rewards Member and receive:

2 Nights Lodging · \$300 in Resort credit · 2 complimentary microbrews at check-in
25% additional nights lodging · 15% off for accompanying guests
10% off in the Silver Saddle Restaurant or Snowy Mtn. Pub



-Valid for 12 months from time of enrollment-

For more information call 307-326-5261
or email info@saratogaresortandspa.com



SARATOGA
resort & spa

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