

Hot Springs Smoke Signals

Volume 5 Issue 8

July 2013

Neal McCoy comes to Saratoga



Neal McCoy will have all of Saratoga doing *'the shake'* on Wednesday, July 3rd when he performs at the Platte Valley Community Center (PVCC).

You won't want to miss hearing some of his classics, some new hits off last year's album 'XII', and maybe even a sneak peak off his latest album set to release this summer!

In honor of Neal's Texas roots we're cooking up a special Southern menu Wednesday, July 3rd in the pub.

- Southern Fried Chicken
- Potato Salad
- Pecan Pie
- And More!



Wash it all down with one of our fresh, cold microbrews. Careful, too many and you'll feel like you've got your *'beer goggles on'*!

The show starts at 7:00 pm and tickets are \$50. For more information or to purchase tickets call the PVCC at 307-326-7822. Get them while you can!

Inside July 2013:

- Recognizing Housekeeping
- Sports Traditions
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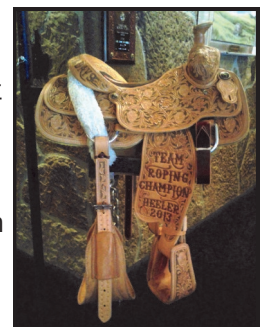
Cheyenne Frontier Days

The "Daddy of 'em All" celebrates it's 116th year, July 19th-28th. Cheyenne Frontier Days are the highlight of summertime in Wyoming. Their world class rodeo has won 'Large Outdoor Rodeo of the Year' 14 times! Spectators fill the 19,000 seat stadium to watch top professionals who are drawn in each year to compete for more than \$1 million in cash and prizes.

The rodeo consists of 3 sections of bull and 2 sections of saddle and bareback broncs daily. Topping off the rodeos are also trick riding and our favorite, the wild horse race! Nine

performances begin at 12:15 pm each day, but get there early for a good seat!

Saratoga Resort & Spa has been proud to be an event sponsor for the last 3 years. We sponsor the team roping-heeler. Pictured is this year's saddle for the 2013 team roping-heeler champions, located in the Resort's lobby.



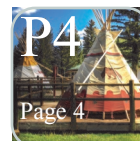
Check out the Saratoga Sports Center & Sport Court for your outdoor recreational fun!



Join us for Wimbledon Women's Final on July 7th and the MBA Home Run Derby & All-Star Game on July 15th & 16th



July Specials in the Healing Water Spa, Snowy Mtn. Brewery and Lodging Promotions!



Resort Happenings & Upcoming Events in the Platte Valley



Saratoga Resort Sports Center

Rentals:

- Bikes
- River Canoes
- River Tubes
- ATVs - Full & 1/2 Day
- Jeeps
- Snowmobiles
- Snowshoes
- Cross Country Skis

Sports Court:

- Basketball
- Volleyball
- Soccer ball
- Floor Hockey
- Badminton
- Tennis

We also have fishing poles, fishing gear, sports equipment, waterproof tote bags, clothing, sunglasses, and hats for sale!

Please see the Resort reception staff for all your sport rental needs.

To check availability of sports court or rentals please call
1.800.594.0178
or email

Let's Give A Hand To The Housekeeping Staff



The Resort's housekeeping staff have an exhausting job during the busy summer months when we see the most guests. But despite the long, tiring days, this crew always has a smile on their face. Thank you for all your hard work!

(L to R) Christine Hedeem (6 yrs), Virginia Parker (Manager), Tammy Sutherland (2 yrs), Darien Williams, Amanda Konrath, Heather Oxford, Veronica Lincoln, Maria Escobedo (15 yrs), [not pictured: Lydia Smith]

Snowy Mountain Pub Keeping Traditions Alive

We all know holidays come with certain traditions, but did you know many sporting events hold traditions as well? At the Snowy Mountain Pub we're taking your favorite sporting events and making them better by trying out some of the game day rituals.

Last month was the Belmont Stakes and we celebrated the tradition of big hats and the Belmont Stakes whiskey drink. This month is Wimbledon Women's Finals and MBA Home Run Derby & All-Star Game.

Wimbledon Women's Final

July 7th

Tradition: Strawberries & Whipped Cream

MBA Home Run Derby & All-Star Game

July 15th & 16th

Tradition: Peanuts & Cracker Jacks

Pub Specials—Hot Dog, Chips & Brew \$5

Watch the British Open, the oldest Open in golf history in the pub July 14th-21st.

Anyone game to try out their tradition

Streaking?@!?



Saratoga Golf Course News

Women's Clinics in July

July 9th 9-10 am pitching and chipping

July 16th 9-10 am putting

July 23rd 9-10 am full swing

Lions Club Jr. Golf Tournament Results

5 Year Old Men:

1st - Anthony Campbell 9

2nd - Royal Olsen 10

5 Year Old Ladies:

1st - Ryley Alameda 33

6-7 Year Old Men:

1st - Brecken Sandlian 15

2nd - Toker Carricato 17

6-7 Year Old Ladies:

1st - Madison Johnson 23

2nd - Kamryn McArthur 24

8-9 Year Old Men:

1st - Goeffery Johnson 25 TIE

1st - Cody Combs 25 TIE

8-9 Year Old Ladies:

1st - Jaden Campbell 42

2nd - Hannah Lee 26

10-11 Year Old Men:

1st - Jona Lamprecht 36

2nd - Ura Olsen 44

10-11 Year Old Ladies:

1st - Kaitlyn Campbell 43

12-17 Year Old Men:

1st - Wyatt Carricato 52

2nd - Sam Schneider 73

12-17 Year Old Ladies:

1st - Cloe Olsen 64

4th of July Tournament

Thursday, July 4th



By Matt Daubner
PGA Golf Professional

SARATOGA
golf



Healing Waters Spa

July Special

1 Hour

Deep Tissue Massage

\$110

Dial extension 208 to schedule your appointment today!

Snowy Mountain Brewery & Pub

Daily Specials

Pound & a Pint Mondays

A Pint of brew and a pound of Buffalo Hot Wings
\$10

Tommy Tuesdays

1/2 rack of Tommy's BBQ baby back ribs, coleslaw and a brew for \$15

Pizza Thursday

12" Pizzas for \$12

Friday Happy Hour

Happy Hour – 2 for the price of 1 (first round only) 5-7pm

Fish Tacos – 2 corn tortilla fish tacos served with homemade chips and pineapple salsa for \$12

Saturday & Sunday

NY Strip & Steak Fries
\$18

Wine & Dine Sunday

Dinner special with glass of wine from our selected wine list

Tommy's Bar-B-Que now available at the Saratoga Resort!



Tommy Simon has had the greatest desire for the last 20 years to fashion the ultimate Bar-B-

Que. Through trial and error and refining different techniques of the many styles around the country, he believes he has produced the finest tasting Bar-B-Que anywhere. He makes their "Old #10" spice blend and sauces from scratch. Meat is hand prepared and slow-smoked for a minimum of four to sixteen hours. He makes every effort to buy the best and freshest meats and ingredients available and aims to serve a quality product consistently.

The Snowy Mountain Pub will be serving Tommy's famous baby back ribs every Tuesday. With three different handmade sauces to choose from you can customize the flavor so it's just right!

Sweet & Mellow | Jacked-Up Spicy | Diablo

*We also feature Tommy's pulled pork and beef brisket sandwiches on our pub menu!

For special orders or large to-go orders contact Amanda at 307-326-9101



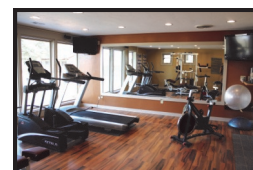
Staying fit on vacation

When thinking about a relaxing vacation, an exercise and workout routine might not be the first thing to pop in your mind. It can be difficult to find motivation to keep active on a vacation or continue to exercise in an unfamiliar environment. Here are some ways you can get quality exercise during your stay at the Saratoga Resort.

1. **Get family or friends together for a game on our sports court.** Sports equipment, such as basketballs, tennis, volleyball and hockey, are available to check out at no charge.
2. **Explore Saratoga by bicycle instead of by car.** The Resort has bicycle rentals available (only \$15 for an entire day!)
3. **Play a round of golf on the Saratoga Golf Course.** On average, walking a 9 hole round of golf can burn up to 720 calories and amount to 2 1/2 miles.



4. **Work out in the Resort's New Fitness Center.** Does your normal exercise routine include the gym? The Resort has you covered with their fitness center. Get a complete workout in on our treadmill, elliptical, bike and weight machine. Exercise ball, yoga mat and free weights are also available.
5. **Hike one of the many trails in the Snowy Range.** Adding elevation and a quick, yet steady pace will provide maximum calorie burning and increase endurance and leg strength. During your stay visit the Front Desk for a map of hiking trails.



6. **Get in the water!** Rent one of our new river canoes for the river or the Saratoga Lake. Paddling is a great upper body workout. And with the lowering water levels on the river it could be a great lower body workout too if you need to portage!



Upcoming Events in the Platte Valley

July 3rd

- Neal McCoy In Concert @ PVCC

July 4th

- 4th of July Festivities in downtown Saratoga
- Saratoga Golf Course 4th of July Tournament

July 9th

- Women's Golf Clinic - Pitching & Chipping

July 12th—13th

- Platte River Rodeo Association Rodeo

July 16th

- Women's Golf Clinic - Putting

July 19th-21st

- Grand Encampment Cowboy Gathering

July 19th-28th

- Cheyenne Frontier Days

July 23rd

- Women's Golf Clinic - Full Swing

July 27th—28th

- Sierra Madre Mountain Man Rendezvous

August 3rd

- Saratoga Bullfest

August 17

- Steinley Cup Microbrew Competition

Sports Lineup for July in the Snowy Mountain Pub

We have all the top games on this month, including all MLB games!

Come in and watch them on our 5 HDTVs and enjoy our nightly specials and fresh, cold microbrews.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Wimbledon Tour de France	2 Wimbledon Tour de France	3 Wimbledon Tour de France	4 Wimbledon Tour de France	5 Wimbledon Tour de France	6 Wimbledon Tour de France
7 Wimbledon Finals Tour de France	8 Tour de France	9 Tour de France	10 Tour de France	11 Tour de France	12 Tour de France	13 Tour de France
14 Tour de France British Open	15 Tour de France British Open MLB Home Run Derby	16 Tour de France British Open MLB All-Star Game	17 Tour de France British Open	18 Tour de France British Open	19 Tour de France British Open	20 Tour de France British Open
21 Tour de France British Open	22	23	24	25	26	27
28	29	30	31			